

VAND Outcomes Committee Conference Call Meeting  
Sunday, January 22, 2017 at 5 PM  
Minutes

*Start: 5:00 PM*

*Finish: 5:40 PM*

*Total Time: 40 minutes*

- I. Call Meeting to Order (Nicole)  
*Attendees: Susan Lessar, Sarah Novelly, Janet Gloeckner, Kelly Leonard, Nicole Brown*
- II. Old Business
  - A. Approve Minutes from our first meeting (thank you Sarah!)
  - B. Outcomes Committee Policy approved by Board on 1.7.17/put under State Policy Representative on Organizational Chart. *Nicole asked for suggestions for someone from Public Health to be on our committee. Nicole still needs to contact Academy re: any other existing Outcomes Committees.*
  - C. Special Projects Policy (Nicole and Kelly)
  - D. ANDHII VAND PPRDN Study (Nicole)  
Next steps: Open the study to all private practice RDNs in Virginia: including VAND members and non-members. (Anyone get a chance to view slides I sent last week)? Will present in Blacksburg at VAND Annual Meeting on Tuesday, March 28. Theme is “Building the Future of the Profession.” *Nicole talking with Will Murphy this week to plan study details. Will email to committee for review/input.*
  - E. Identifying any existing outcomes studies or current studies being conducted in Virginia or other locations—see items attached to email:
    1. **Nutrition Professionals Improve Clinical and Financial Outcomes in Patients Receiving Parenteral Nutrition** Amy Nishnick, RD, LD, *CNSC Support Line / Volume 37 No. 6 / 17*
    2. Assessing Relationships between Access to Standardized Nutritional Care and Health Outcomes and Cost-Effectiveness of Care in Outpatient Cancer Centers Oncology Nutrition DPG Workshop in 2014
    3. *JAND* January 2017 p119: Change Driver: Accountability and Outcomes Documentation Become the Norm: Increased Emphasis on Evidenced-Based Practice and Accountability for Documenting Beneficial and Cost-Effective Outcomes Become the Norm in Health Care. IOM: there is a need for evidence about what works best for whom in order to inform decisions that lead to safe, efficient, effective, and affordable care.” The IOM has set a goal that by “. . . 2020, 90% of clinical decisions will be supported by

accurate, timely, and up-to-date clinical information and will reflect the best evidence.”

4. FNCE 2017 Education Session Proposal: Take your practice, and the profession, to the next level with the fifth step in the Nutrition Care Process: outcomes evaluation
5. Susan Lessar/decreased number of pages to MDs (what are the numbers?) any other steps being taken in patient re: OWPs?  
Section II number 5 – Susan will get number of pages to Nicole. Also, they did a 1 month time study – measured time from page to RD to time call was returned.

### III. New Business

A. Therapeutic Diet Orders (TDOs) in Long Term Care Webinar Tuesday, January 17 put on by Academy’s PP Team. Wendy Phillips (past VAND President/now in Utah/works for Morrison as Regional Manager) presented and afterwards, we emailed about Order Writing Privileges (OWPs) and TDOs and outcomes possibilities.

1. TDOs in LTC (and acute care) LTC: what improved outcomes when aligned state law/regulation with federal regulation; survey MDs, RNs
2. Most important is patient safety. So keeping a log of patients with orders written by RDs and adverse events associated with them. The odds are it’s 0, but without actual patients tracking we can’t prove that. So they could track this data on each patient:
  - a. Pt ID
  - b. RD who wrote the order and date order written
  - c. Actual order written
  - d. Classification of the order (EN, PN, Oral supplement, Diet restriction change (i.e. Heart Healthy to Consistent Carb)
  - e. Adverse event associated with the order? (Example: aspiration when diet order changed, poor electrolyte management when PN or EN changed, food allergy reaction, etc.)

Track for a period of time and then report the %. Have the Medical Director validate it. If there is an adverse event, of course a root cause analysis and an action plan would need to be done.

3. Improved outcomes:

Monitor timeliness of nutrition intervention pre- and post-implementation

- a. In LTC: Did weight management metrics for the facility improve when RDNs got OWPs? What about pressure injury rates?
- b. Public Health?

Question: sending these ideas out to LTC facilities and Acute care? NVB to check with PP Team to see what their plans are.

B. Next steps:

1. Review attached outcomes info (sent by email).
2. Please review details for ANDHII VAND PPRDN study Nicole will send. Would appreciate your comments.
3. *Contact hospitals, academic settings – possible e-blasts to academy members and connecting with academy to see what already exists.*
4. We are to contact RDs to find outcomes studies.

IV. Next Meeting April 30<sup>th</sup>? *Nicole to send poll to confirm date and time.*

V. Meeting was adjourned at 5:40 pm.