

CONSULTING DIETITIANS IN THE BLUE RIDGE AREA

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Areas of Specialty: weight management, eating disorders, digestive disorders, sports nutrition, diabetes/pre-diabetes, heart health, general wellness, and food allergies/intolerances.

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Areas of Specialty: eating disorders, weight management, type 2 diabetes, heart disease, integrative & functional nutrition.

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Areas of Specialty: Diabetes, weight management, eating disorders, GI, cardiovascular, pediatric obesity, food allergies

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Specialty: Eating disorders, weight management, type 2 diabetes, hypoglycemia, sports nutrition, cardiovascular health, vegetarian/vegan nutrition, food allergies and intolerances, nutrition for pregnancy and lactation

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Areas of Specialty: Eating disorders; support groups;
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