

Kris Bonham, RDN

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Areas of Specialty: weight management, eating disorders, digestive disorders, sports nutrition, diabetes/pre-diabetes, heart health, general wellness, and food allergies/intolerances.

Holly A. Van Poots, RDN, CSP, FAND

Be Balanced Nutrition, LLC

620 Neff Avenue, Suite 400

Harrisonburg, VA 22801

(540) 369-2878

www.bebalancedrdn.com

Instagram: @bebalancedrdn

Facebook: www.facebook.com/bebalancedRDN

Areas of Specialty: integrative and functional nutrition, pediatrics, anti-inflammatory diet, GI, food sensitivities, migraines/pain/arthritis/inflammation, eating disorders

Vanessa Heatwole, RDN, CDE

Vanessa Heatwole Nutrition, LLC

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Areas of Specialty: Eating disorders, weight management, diabetes, heart disease, digestive issues, integrative & functional nutrition.

Amanda Terillo Nutrition Counseling

103 South Pantops Drive Suite 105

Charlottesville, Virginia 22911

434-872-3285

Email: Hello@amandaterillo.com

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Specialties: digestive issues, autoimmune disease, weight management, initiative eating

Susan E. Del Gobbo, MPH, RD
Charlottesville Nutrition
1007 East High Street
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(434) 760-1298

Email: 100lilies@gmail.com

www.CharlottesvilleNutrition.com

Specialty: Eating disorders, weight management, type 2 diabetes, hypoglycemia, sports nutrition, cardiovascular health, vegetarian/vegan nutrition, food allergies and intolerances, nutrition for pregnancy and lactation

Kate Bruno, RD, CPT, CLT
On Track Nutrition and Fitness Consulting
3479 Preddy Creek Rd.
Charlottesville, VA 22911
434-227-0774

Email: ontrack26@gmail.com

Areas of Specialty: Eating disorders; support groups;
Weight management; sports nutrition, digestive support

Anne Wolf, MS, RD
Virginia Center for Diabetes Prevention and Education
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Areas of Specialty: Diabetes, weight management