Private Practice Dietitians in the Greater Richmond Area

Nana Ataa Ofosu-Benefo MS, RD, CDN
Consultation Areas: General Medical Nutrition Therapy for chronic disease, Diabetes Education, Didactic Dietetics Education, Speaker: Topics in Community Nutrition
Location: South Hill, Virginia / Southside Virginia
Zip Code: 23970
Contact Information: nanaataa@gmail.com

Katie Conschafter MS, RDN, CDE
Consultation Areas: Diabetes/Diabetes Technology
Location: 3841 Stanford Court Midlothian, VA 23113
Contact Information: 804-310-5667

Cayla Jablonski / Nutrition Preferred
Consultation Areas: Specialties: Weight Management, GI Issues, Food Sensitivities, Preventative Care, Pre-diabetes/Diabetes, Shopping on a Budget, Day to day Nutrition for Individuals/Families, Pre/Postpartum Nutrition
Contact Information: Email: Nutritionpreferred@gmail.com; Website: https://nutritionpreferred.com/
Address: Niche Pilates Studio 2309 W Main St. Richmond, VA 23220
Phone: 828-443-5789

Elisabeth C. Peterson RD, CEDRD / Peterson Nutrition & Fitness
Consultation Areas: Eating Disorders (certified through IAEDP and AND), Wellness, Sports Nutrition, Vegetarian/Vegan, Weight Maintenance, High Risk Pregnancy, Diabetes, Hypertension, Cardiovascular Disease, Food Allergies, Celiac Sprue
Contact Information: Email: info@petersonnutrition.com, Website: www.petersonnutrition.com
Phone: 804-440-3110

Paula C. Schnurman RD
Consultation Areas: Weight management for children through adults, addiction, eating disorders, obesity
Contact Information: paula.schnurman@uhsinc.com www.thinnerwisdom.com
Phone: 804-304-8061

Marilyn Trowsnell RD
Consultation Areas: General nutrition/wellness, eating disorders, adult weight management, heart health, cholesterol, hypertension, assisted living, culinary skills and nutritional cooking, herbs, menu planning
Location: 3203 Klaus Court Glen Allen, VA 2306
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