

Private Practice Dietitians in the Greater Richmond Area

Nana Ataa Ofosu-Benefo MS, RD, CDN

Consultation Areas: General Medical Nutrition Therapy for chronic disease, Diabetes Education, Didactic Dietetics Education, Speaker: Topics in Community Nutrition

Location: South Hill, Virginia / Southside Virginia

Zip Code: 23970

Contact Information: nanaataa@gmail.com

Katie Conschafter MS, RDN, CDE

Consultation Areas: Diabetes/Diabetes Technology

Location: 3841 Stanford Court Midlothian, VA 23113

Contact Information: 804-310-5667

Cayla Jablonski / Nutrition Preferred

Consultation Areas: Specialties: Weight Management, GI Issues, Food Sensitivities, Preventative Care, Pre-diabetes/Diabetes, Shopping on a Budget, Day to day Nutrition for Individuals/Families, Pre/Postpartum Nutrition

Contact Information: Email: Nutritionpreferred@gmail.com; Website: <https://nutritionpreferred.com/>

Address: Niche Pilates Studio 2309 W Main St. Richmond, VA 23220

Phone: 828-443-5789

Elisabeth C. Peterson RD, CEDRD / Peterson Nutrition & Fitness

Consultation Areas: Eating Disorders (certified through IAEDP and AND), Wellness, Sports Nutrition, Vegetarian/Vegan, Weight Maintenance, High Risk Pregnancy, Diabetes, Hypertension, Cardiovascular Disease, Food Allergies, Celiac Sprue

Contact Information: Email: info@petersonnutrition.com, Website: www.petersonnutrition.com

Phone: 804-440-3110

Paula C. Schnurman RD

Consultation Areas: Weight management for children through adults, addiction, eating disorders, obesity

Contact Information: paula.schnurman@uhsinc.com www.thinnerwisdom.com

Phone: 804-304-8061

Marilyn Trowsnell RD

Consultation Areas: General nutrition/wellness, eating disorders, adult weight management, heart health, cholesterol, hypertension, assisted living, culinary skills and nutritional cooking, herbs, menu planning

Location: 3203 Klaus Court Glen Allen, VA 2306

Contact Information: mtrowsnell@aol.com