Your Academy in Action

Manju Karkare, MS, RDN, LDN, CLT, FAND
Immediate Past Treasurer
Academy of Nutrition and Dietetics

Virginia Academy of Nutrition and Dietetics
March 16, 2020

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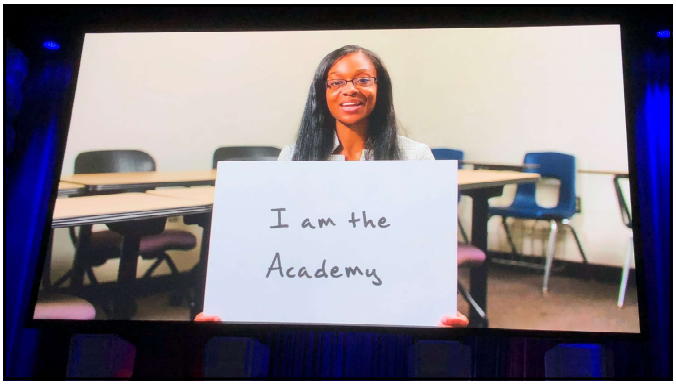

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My Leadership Journey…

Clinical Dietitian…..Chief Dietitian…..Private Practice
Diversity Leader….Diversity Committee
District Treasurer…..Academy Treasurer
Reimbursement Representative….Public Policy Coordinator

What's yours?

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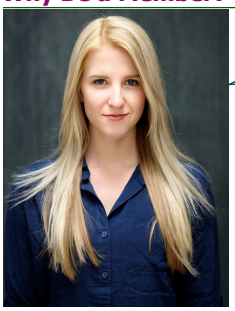
Why Be a Member?

Academy of Nutrition and Dietetics



"Joining the local Academy allowed me to network and meet fellow dietitians, including one of my best friends!"

Katherine Rominger, RDN

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Member Benefits!

Academy of Nutrition and Dietetics

- **59 Academy career-enhancing benefits**
- **Tools and resources**
- **Saves you money**

eatrightPRO.org/membervalue

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Your Pay Is Increasing

Academy of Nutrition and Dietetics

- **On average: Faster than inflation for RDNs and NDTRs**
- **Median annualized wages**
  - **RDNs: $68,000+**
    - **Up 8% since 2017**
  - **NDTRs: $45,000+**
    - **Up 9% since 2017**
- **Plus salary calculation worksheet**

eatrightPRO.org/salarysurvey

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Student-Specific Benefits

Academy of Nutrition and Dietetics

- ***Student Scoop:*** **Monthly newsletter during the school year**
- **Opportunities to earn recognition:**
  - ✓ **Write for *Student Scoop***
  - ✓ **Volunteer as a Student Liaison**
- **Apply for Foundation scholarships: $500 - $10,000 (members only)**

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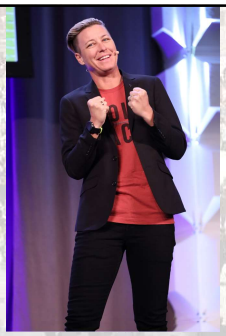
Best Source: FNCE®



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Become a Leader: Know Yourself

Academy of Nutrition and Dietetics

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Leadership Is Learned

Academy of Nutrition and Dietetics

Academy offers Certificate of Training Programs in Leadership

Level 1: Developing Your Role As Leader

and

Level 2: Advancing Your Role As Leader

eatrightstore.org/collections/developing-your-role

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It's Back: Leadership Institute

Academy of Nutrition and Dietetics

- **12-month program**
- **150 participants**
  - ✓ **80 spots reserved for DPG, MIG and Affiliate-nominated**
  - ✓ **70 for non-sponsored applicants**
- **High-potential members at any career level**

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We Lead By Example

Academy of Nutrition and Dietetics

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Malnutrition: Our Commitment

Academy of Nutrition and Dietetics

MQii™ MALNUTRITION QUALITY IMPROVEMENT INITIATIVE

- Morrison Healthcare joined MQii in 2019: 776 hospitals
- Maximize clinician resources and reporting measures
- Shifting the culture: All health care team members value importance of nutrition

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Significant Win in December

Academy of Nutrition and Dietetics

- CMS approved inclusion of Malnutrition Quality Measures in Qualified Clinical Data Registries:
  - Premier Clinician Performance Registry
  - Intellicure: U.S. Wound Registry

PREMIER

U.S. WOUND REGISTRY

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Academy's Targeted Policy Priorities

Focus Areas:

- Prevention and Well-Being
- Health Care and Health Systems
- Food and Nutrition Safety and Security

Successful Public Policies:

- Create jobs
- Improve health of Americans
- Support the economy and workforce

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Advocate to Policymakers

- Respond to Action Alerts
- Become a trusted resource
  - Follow up after meetings
  - Email Congressional staff
- Use social media effectively

Alabama Academy of Nutrition and Dietetics members with U.S. Rep. Martha Roby (Ala.)

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Lead, Build, Strengthen

Through advocacy at the federal level

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Advocacy at the State Level

Academy of Nutrition and Dietetics

- An exciting 2020
- Goals include access to obesity care, nutrition counseling
- Experience and relationships

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Consumer Protection

- 48 states, Puerto Rico, D.C. have licensure
- Overview of consumer protection
- Maps with state laws and regulations
- Therapeutic diet orders
- Contact information for state regulators
- Interstate practice and telehealth

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Amplifying Our Message

eat right ADVOCACY

The Academy of Nutrition and Dietetics Political Action Committee

eatrightPRO.org/ANDPAC

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Your Foundation

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Impact: Recognize Excellence

Scholarships Research Grants Fellowships

Public Education Awards Disaster Relief

Over the last three years, donors have helped provide $2,494,150 to 1,553 members and students.

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VAND RECIPIENTS

CONGRATULATIONS TO THESE VAND MEMBERS AND STUDENTS

Katherine Basbaum
Janelle Benzick
Amy Berry
Katherine Butler
Carla Crutcher
Ann Elkins
Meaghan Harkins
Valisa Hedrick
Jared Navarro
Olivia Obertello
Marisol Perez
Nasreen Rehmani
Michelle Rockwell
Theresa Roth
Sharon Staier
Rachael Trotman
Danielle Wilson

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Why is leadership needed now?

It has never been needed more…..

"If your actions inspire others to dream more, learn more, do more and become more, you are a **leader**."
- John Quincy Adams

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