

Kris Bonham, RDN

875 Rio East Ct, Suite D
Charlottesville, VA 22901
Phone: 434-963-0324 extension 16
E-mail: krisbrd0304@gmail.com

Areas of Specialty: weight management, eating disorders, digestive disorders, sports nutrition, diabetes/pre-diabetes, heart health, general wellness, and food allergies/intolerances.

Holly A. Van Poots, RDN, CSP, FAND

Be Balanced Nutrition, LLC
620 Neff Avenue, Suite 400
Harrisonburg, VA 22801
(540) 369-2878
www.bebalancedrdn.com

Instagram: @bebalancedrdn
Facebook: www.facebook.com/bebalancedRDN

Areas of Specialty: integrative and functional nutrition, pediatrics, anti-inflammatory diet, GI, food sensitivities, migraines/pain/arthritis/inflammation, eating disorders

Vanessa Heatwole, RDN, CDE

Vanessa Heatwole Nutrition, LLC
826 Quince Drive
Harrisonburg, VA 22801
Phone: 540-416-1159
Email: vanessaheatwolerdn@gmail.com
www.vanessaheatwolerdn.com

Instagram: @vanessaheatwolerdn
Facebook: @vanessaheatwolenutrition

Areas of Specialty: Eating disorders, weight management, diabetes, heart disease, digestive issues, integrative & functional nutrition.

Amanda Terillo Nutrition Counseling

103 South Pantops Drive Suite 105
Charlottesville, Virginia 22911
434-872-3285
Email: Hello@amandaterillo.com
www.amandaterillo.com

Areas of Specialty: digestive issues, autoimmune disease, weight management, intuitive eating

Susan E. Del Gobbo, MPH, RD

Charlottesville Nutrition
1007 East High Street
Charlottesville, VA 22902
(434) 760-1298
Email: 100lilies@gmail.com
www.CharlottesvilleNutrition.com

Areas of Specialty: Eating disorders, weight management, type 2 diabetes, hypoglycemia, sports nutrition, cardiovascular health, vegetarian/vegan nutrition, food allergies and intolerances, nutrition for pregnancy and lactation

Kate Bruno, RD, CPT, CLT

On Track Nutrition and Fitness Consulting

3479 Preddy Creek Rd.

Charlottesville, VA 22911

434-227-0774

Email: ontrack26@gmail.com

Areas of Specialty: Eating disorders; support groups; weight management; sports nutrition, digestive support

Anne Wolf, MS, RD

Virginia Center for Diabetes Prevention and Education

PO Box 801417

Charlottesville, VA 22901

434-924-2858

Email: amw6n@virginia.edu

Areas of Specialty: Diabetes, weight management