



Adapt, Adjust, Thrive

Virginia Academy of Nutrition and Dietetics
92nd Annual Educational Conference
April 25-26, 2021

Program Agenda

Sunday, April 25, 2021

- 8:00 – 10:00am **Workshop 1: Invisible Puppeteers of Health and Disease: The Human Microbiota**
Kameo Snyder, MPH, RDN, LDN, CLT
- 10:30am – 12:30pm **Workshop 2: Sustainable Home Gardening and Food Preservation: The “Why’s” and “How-To’s”**
Carlin Rafie, PhD, RDN, Melissa Chase, PhD, Chris Mullins, H. Lester Schonberger, PhD
- 1:30 – 3:30pm **Workshop 3: Top Tips for Telehealth in 2021**
Lise Gloede, MS, RD, CDCES and Nicole Brown, MS, RDN, LD, ACSM EP-C
- 4:00 – 5:00pm **Opening Address: Working to Improve the Health of all Virginians!**
Heidi Hertz, MS, RD - Virginia Assistant Secretary for Agriculture and Forestry
- 5:00 – 6:00pm Poster Session
- 6:15 – 7:30pm Student and Intern Session

Monday, April 26, 2021

- 8:00 – 8:15am: Welcome
- 8:15 – 9:15am: **School Nutrition Programs: Frontline for Child Nutrition**
Sandy Curwood, PhD, RDN
- 9:15 - 9:25am: Sponsor Spotlights/Break
- 9:25 – 10:30am: **Current Nutrition Support Practices in Critical Care**
Brandi Suarez, RD and Maria Novak, RD
- 10:30 – 10:40am: Sponsor Spotlights/Exercise Break
- 10:40 – 11:45am: **Implicit Weight Bias in Healthcare: How Can RD/RDNs Minimize its Effect?**
Tonya Carter Price, DHed, MS, RDN, CHES
- 11:45am – 1:30pm: VAND Member Business Mtg., VAND Awards and Scholarships Presentation, Lunch Break
- 1:30 – 2:45pm: **Maximize Your Revenue!**
Caroline Fornshell, MS, RDN, CDCES, NASM-CPT
- 2:45 – 2:55pm: Sponsor Spotlights/Break
- 2:55 – 4:00pm: **Make Every Bite Count...Do Eating Behaviors Match the Message?**
Alanna Moshfegh, MS, RD
- 4:00 – 4:10pm: Sponsor Spotlights/Exercise Break
- 4:10 – 5:15pm: **Keynote Address: Cultural Considerations in Diabetes MNT**
Gale Pearson, MS, RDN, CDCES
- 5:15 – 5:30pm: Closing Remarks