



The American Association of Diabetes Educators is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This program provides 6 contact hours of continuing education credit. The AADE is also accredited by the California Board of Registered Nursing (CEP#10977).

CPE
Accredited
Provider

Commission
on Dietetic
Registration
the credentialing agency for the
Academy of Nutrition
and Dietetics



The American Association of Diabetes Educators (AM001) is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive 6 Continuing Professional Education units (CPEUs) for completion of this activities/materials. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program, or materials.

The American Association of Diabetes Educators is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program provides 6 contact hours (6 CEU's) of continuing education credit.

ACPE Universal Activity Number: TBA
Effective date: TBA

Certified Diabetes Educators: To satisfy the requirements for renewal of certification for the National Certification Board of Diabetes Educators (NCBDE), continuing education activities must be diabetes related and approved by a provider on the NCBDE list of Approved Providers (www.ncbde.org). NCBDE does not approve continuing education. The American Association of Diabetes Educators (AADE) is on the NCBDE list of Approved Providers.

Registration

FEE

- BY 8/31/2019
 - AADE Member: \$60
 - Non-Member: \$85
- AFTER 8/31/2019
 - AADE Member \$80
 - Non-Member: \$100
- Students: \$25

Register today at: AADE VA CB

<https://www.myaadnetwork.org/p/cm/ld/fid=7462>

Activity Type: Practice-Based

Target Audience

All level of healthcare professionals, including Nurses, Dietitians, Pharmacists, Exercise Physiologists, Medical Assistants, Nurse Practitioners, Physician Assistants, and other health professionals interested in working with people with diabetes.

Requirement for successful completion

For successful completion, participants are required to attend the full activity, complete and submit the program evaluation at the conclusion of the educational event.

October 3-4, 2019

The Place @ Innsbrook

4036-C Cox Road

Glen Allen, VA 23060

Disclosure information for participants

This activity has no commercial support or sponsorship. Planners disclose no conflict of interest relative to this educational activity. Reviewers disclose no conflict of interest relative to this educational activity. All speakers, except for Malinda Peebles have no relevant financial disclosure to report.

Malinda Peebles, MS, RN, CDE, FADE has disclosed salary from WellDoc.

For additional information, contact

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VA COORDINATING BODY

Diabetes Updates

**Through the Lens of Minimally Disruptive
Medicine (MDM)**

Activity Descriptions

This is a Continuing education activity featuring multidisciplinary speakers designed to empower the diabetes educator to provide optimum patient-centered inter-professional care through the lens of minimally disruptive medicine (MDM).

Learning Outcomes

- Apply minimally disruptive medicine and capacity coaching concepts to diabetes education.
- Discuss CGM practical application using the concept of minimally disruptive medicine.
- Discuss tools for reducing cardiovascular risk factors in patients with diabetes.
- Summarize 2019 Nutrition therapy consensus statement and report.
- Understand the impact of digital health and the future of diabetes education.
- Assess physical activity requirement for patients with diabetes and provide appropriate guidance using the vision of AADE.

VA COORDINATING BODY 2019 ANNUAL MEETING

Diabetes Updates

Through the Lens of Minimally Disruptive Medicine (MDM)

Agenda and Objectives

7:15-7:45 am	Registration and Continental Breakfast	12:30-1:30 pm	Diabetes and CVD: Evolving Concepts and Management Strategies Evan Sisson, PharmD, MSHA, BCACP, CDE, FAADE <i>Associate Professor, VCU School of Pharmacy</i>
7:45-8:00 am	Welcome		<ul style="list-style-type: none"> Estimate the risk of atherosclerotic cardiovascular disease (ASCVD) for a person with diabetes based on current guidelines. Discuss the clinical importance of diabetes-specific risk enhancers for cardiovascular disease. Identify appropriate blood pressure and cholesterol management goals a person with diabetes. Design an appropriate drug therapy plan to reduce ASCVD risk for a person with diabetes.
8:00-9:00 am	Minimally Disruptive Medicine: A future with kind and careful care Kasey R. Boehmer, PhD, MPH, BS <i>Assistant Professor, Mayo Clinic, Rochester, MN</i> <ul style="list-style-type: none"> Describe the work of being a patient Illustrate the five components of patient capacity Describe potentially helpful tools for supporting minimally Disruptive Medicine in practice 		
9:00-10:00 am	Physical Activity & Diabetes: Working Together to Achieve Goals Karen Kemmis, PT, RN, DPT, MS, GCS, CDE, FADE <i>President, American Association of Diabetes Educators</i> <i>Physical Therapist/Diabetes Educator, SUNY Upstate Medical University</i> <ul style="list-style-type: none"> State the exercise recommendations for diabetes including aerobic, resistance, balance and flexibility training guidelines Identify potential barriers to physical activity for the individual with diabetes Create a collaborative plan for a successful physical activity for the individual with diabetes including strategies to overcome barriers to an effective program. 	1:30-2:00 pm	Break/Vendor
10:00-10:30 am	Break/Vendor	2:00-3:00 pm	Digital Health and Diabetes Educators Malinda Peebles MSN RN CDE BC-ADM FADE <i>Past President, American Association of Diabetes Educators</i> <i>VP of Clinical Services, Programs, & Research, Well doc</i>
10:30-11:30	2019 Nutrition Consensus Statement / Report Sacha Uelmen, RDN CDE <i>Managing Director, Diabetes Education & Nutrition</i> <i>American Diabetes Association</i> <ul style="list-style-type: none"> Describe key messages in the ADA Nutrition Consensus Report Describe how to apply current evidence in clinical practice Describe new recommendations that impact their practice. 	3:00-4:00 pm	Practical CGM for the Diabetes Educator Mary Voelmle MS, FNP CDE <i>Advanced Diabetes Management Nurse Practitioner</i> <i>University Physicians Group-University of Virginia</i> <ul style="list-style-type: none"> Describe available CGM technologies Verbalize benefit of using CGM in clinical practice Identify billing codes for reimbursement for CGM in clinical practice
11:30-12:30	Lunch/Vendor	4:00-4:30 pm	Wrap-up and Evaluation

Thursday, October 3, 2019

5:30-8:00 PM

Networking Dinner & Program Sponsored by Novo Nordisk