

**Nana Ataa Ofosu-Benefo MS, RD, CDN**

Location: South Hill, Virginia / Southside Virginia

Zip Code: 23970

Contact Information: [nanaataa@gmail.com](mailto:nanaataa@gmail.com)

*Consultation Areas:* General Medical Nutrition Therapy for chronic disease, Diabetes Education, Didactic Dietetics Education, Speaker: Topics in Community Nutrition

**Darian Carter, RD**

Contact Information: [carterdk@etsu.edu](mailto:carterdk@etsu.edu)

*Consultation Area:* Long Term Care

**Katie Conschafter MS, RDN, CDE**

Location: 3841 Stanford Court Midlothian, VA 23113

Contact Information: 804-310-5667

*Consultation Areas:* Diabetes/Diabetes Technology

**Cayla Jablonski, RD**

**Nutrition Preferred**

Contact Information: Email: [Nutritionpreferred@gmail.com](mailto:Nutritionpreferred@gmail.com); Website: <https://nutritionpreferred.com/>

Address: 420 Libbie Ave. Suite 200 Richmond, VA 23226

Phone: 828-443-5789

*Consultation Areas:* Weight Management, GI Issues, Food Sensitivities, Preventative Care, Pre-diabetes/Diabetes, Shopping on a Budget, Day to day Nutrition for Individuals/Families, Pre/Postpartum Nutrition

**Abby Forman Lewis MS, RD**

Contact Information: [Redhd244@gmail.com](mailto:Redhd244@gmail.com)

Phone: 703 338-3663

*Consultation Areas:* Sports Nutrition and General Outpatient Counseling

**Allison Morris MS, RD**

**Zoe Therapy Services**

Contact Information: [amorris@zoetherapyservices.com](mailto:amorris@zoetherapyservices.com)

*Consultation Areas:* General Nutrition, Eating Disorders, Intuitive Eating

**Elisabeth C. Peterson RD, CEDRD**

**Peterson Nutrition & Fitness**

Contact Information: Email: [elisabeth@petersonnutrition.com](mailto:elisabeth@petersonnutrition.com) Website: [www.petersonnutrition.com](http://www.petersonnutrition.com)

Phone: 804-440-3110

*Consultation Areas:* Eating Disorders (certified through IAEDP and AND), Wellness, Sports Nutrition, Vegetarian/Vegan, Weight Maintenance, High Risk Pregnancy, Diabetes, Hypertension, Cardiovascular Disease, Food Allergies, Celiac Sprue

**Jen Rabung, RD**

**Salatino Nutrition**

Contact Information: [www.salatinonutrition.com](http://www.salatinonutrition.com)

Phone: 804 359-1155

*Consultation Area:* Pediatric Nutrition

**Paula C. Schnurman RD**

Contact Information: paula.schnurman@gmail.com

Phone: 804-304-8061

*Consultation Areas:* Weight management for children through adults, addiction, eating disorders, obesity

**Marilyn Trowsnell RD**

Location: 3203 Klaus Court Glen Allen, VA 2306

Contact Information: [mtrowsnell@aol.com](mailto:mtrowsnell@aol.com)

*Consultation Areas:* General nutrition/wellness, eating disorders, adult weight management, heart health, cholesterol, hypertension, assisted living, culinary skills and nutritional cooking, herbs, menu planning

**Kim Visioni, RD**

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*Consultation Area:* Corporate Wellness